



DEVELOPING AND SUPPORTING TRAUMA-INFORMED POLICING APPROACHES TRAINING

As first responders, police officers are frequently the first criminal justice officials on the scene of traumatic events, where they encounter victims, witnesses to violence, and children and family members exposed to violence. In addition, suspected perpetrators of crimes may also have a history of exposure to violence, which can affect how they respond to law enforcement. As a result, police officers may experience immediate, persistent, and/or delayed physiological and psychological effects and responses to trauma exposure on a regular basis.

The way that law enforcement identifies and responds to trauma can go a long way in helping individuals, communities, and officers recover from traumatic events, build resiliency, increase collaboration, and experience healthier outcomes. This training will explain how trauma affects many aspects of police work and the lives of officers and community residents, and how trauma affects the behavior of individuals who come into contact with police officers. It will provide concrete information on how several jurisdictions respond effectively to trauma-related issues. Topics include the following:

- Understanding the impact of trauma on officers and communities
- Integrating trauma-informed care into a police organization
- Supporting officer mental health and self-care
- Developing and sustaining trauma-informed approaches within the agency

Goal and Objectives

- Learn about the importance and power of trauma: what it means, how it plays out in people's lives and in their communities, and the science underlying trauma-informed care.
- Demonstrate how police agencies can integrate trauma-informed approaches into their organizations and programs to improve community engagement and prevent violence.
- Identify and discuss challenges and promising practices in responding to crime victims and witnesses of violence, addressing community-level trauma, and promoting resiliency.

TTA Type: Training

TTA Format: Available in person and virtually

Intended Audience: Twenty to 30 participants, including officers, victim advocates, and partner organizations that support officers and communities affected by trauma

Length: One day; can be adapted to a community's needs

SMEs: SMEs/trainers are available and can be identified based on specific community needs. Trainers include law enforcement, prosecution, community, and research leaders experienced in trauma-informed policing approaches. BJA's Strategies for Policing Innovation program and CNA will support the trainers. CNA is a nationally recognized not-for-profit research organization with more than 15 years of experience providing TTA to law enforcement, correctional departments, and other criminal justice agencies. CNA uses a network of more than 300 subject experts from across the country to tailor trainings to the specific needs of an agency or organization.